



Center for the Army Profession and Ethic

The 3 C's Video Discussion Guide

Purpose

This video presents experiences of the first three women to graduate ranger school with respect to the Army Profession certification criteria of character, competence, and commitment – otherwise known as “The 3 C’s.” The video is 8:59 long. Show the video and facilitate a discussion using the discussion questions below.



Introduction

Army professionals are certified in character, competence, and commitment.

Character is dedication and adherence to the Army Ethic, including Army Values, as consistently and faithfully demonstrated in decisions and actions.

Competence is demonstrated ability to successfully perform duty with discipline and to standard.

Commitment is the resolve to contribute honorable service to the Nation and accomplish the mission despite adversity, obstacles, and challenges.

Questions for discussion

Which of the certification criteria do you consider to be most important to your performance as a trusted Army professional? Explain why.

All three women talk about shared hardship at Ranger School developing character. How has experiencing shared hardship developed your character? Reflect on examples.

1LT Haver says she went to Ranger School to improve her competence as a helicopter pilot. How does being a Ranger make her a better pilot? Why is it important for every Army professional to understand the missions they are supporting?

MAJ Jaster says “you have to be all in.” Do you consider the Army to be a profession or is it merely a job for you? Explain why.